

2019 COMMUNITY OREGON GROUP AGREEMENTS

1. Arrive on time to each session and remain to the end.
2. Choose your own level of involvement and disclosure.
3. Be aware of – and share – speaking time.
4. Speaking your truth while being respectful of others. Speak for yourself, not “your group.”
5. Respect that what a person says is true for them and makes sense for them.
6. Listen understand, rather than to respond.
7. Extend and receive grace when mistakes are made (“ouch/oops”). Own your impact.
8. Maintain confidentiality.