



Robin Teater <[robin@healthydemocracy.org](mailto:robin@healthydemocracy.org)>

## Welcome to Healthy Democracy's "Community Oregon" program!

1 message

**Robin Teater** <[robin@healthydemocracy.org](mailto:robin@healthydemocracy.org)>

Thu, Jun 29, 2017 at 5:53 PM

To: Healthy Democracy <[info@healthydemocracy.org](mailto:info@healthydemocracy.org)>

Dear [Community Oregon Participant],

We are delighted to notify you of your acceptance into Healthy Democracy's *Community Oregon* program. We appreciate your interest and are looking forward to this exciting and important opportunity to help the citizens of Oregon's many unique communities know each other better.

Our office will be in touch with you again in the next few days with a detailed agenda and logistics information for the first phase of the program, the *Community Oregon Camp*, that will take place from **noon on Thursday, July 13 through noon on Sunday, July 16 at the Kah-Nee-Ta Resort Hotel in Warm Springs, Oregon.** (Address appears below.)

Until then, here are a few things for you to know about for this part of the program:

- **Expenses:** Your expenses for the 3-day Community Oregon Camp will be covered by Healthy Democracy, including hotel, meals and your travel to and from Warm Springs. (We will make your hotel reservations for you as well.) Your mileage reimbursement will be based on the current federal IRS rate, and calculated using the home address you have noted in your application. Checks will be mailed to you the week following the Community Oregon Camp. If this presents a hardship for you, please feel free to contact our office.
- **Emergency Contact/Dietary Restrictions Form:** Please complete and return the attached form via email to [office@healthydemocracy.org](mailto:office@healthydemocracy.org). (It's a simple Word document so don't worry about the formatting too much - just enter the information in any way that works for you.)
- **Travel to Warm Springs:** The address is [6823 Highway 8, Warm Springs, OR 97761](http://www.kahneeta.com/) (web: <http://www.kahneeta.com/>). We ask that you time your travel to Warm Springs so that you arrive between 11:00 a.m. and 11:45 a.m. on July 13th. Guest room check-in time is 4:30 p.m. so we will store bags in our meeting room until we break to check in to the hotel rooms. Our program will begin promptly at noon with lunch and an opening presentation by members of the Confederated Tribes of the Warm Springs. *If you find that you will be late to the program site or somehow get lost along the way, please contact Robin Teater on her cell phone at 503-381-1196.*
- Two things we will ask you to prepare/bring to the July program:
  1. **7 Minute Intro:** You will be asked to introduce yourself *in depth* for up to 7 minutes to your Community Oregon cohort members. This will occur on Day 1 (Thursday) of the program and will be a chance for you to tell the other participants who you are are a person. This will be a central part of the first day together. And while we'd like you to give this some thought in advance, it does not mean you should prepare a 7 minute written speech! It would be preferable to speak "from the heart" but sometimes it helps to have a few bullet points jotted down in advance to make sure you cover what you feel is most important. For that purpose, a short list of sample "focus questions" to include in your presentation is attached to this email and includes space for you to make some notes for your personal use. You can take as long as 7 minutes (you will have a friendly timekeeper so you don't have to worry about that), and while you do not have to take the entire 7 minutes for your introduction, we request that you do manage at least 5 minutes in order to reflect the depth of thinking that the attached sample focus questions entail.
  2. **Beads!** Please bring 25 identical beads to Warm Springs that represent something about you or your community, however you wish to define that. These should be beads that have a large enough hole that a leather-type string can fit through it. (Don't fret too much about the dimensions, though - find something that has meaning first and foremost.) More instructions how what to do with these will be given to you upon your

arrival in Warm Springs. (If you forget or the expense of acquiring beads is too cumbersome, we will provide you with some at the program site.)

We look forward to being in touch with you again in the weeks ahead and thank you again for your interest in Community Oregon!

Sincerely,

The Healthy Democracy/Community Oregon Program Staff Team  
Robin, Jessie, Linn, Andy and Gary

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**Healthy Democracy**

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*Healthy Democracy is a nonprofit, nonpartisan organization that works to elevate the voice of citizens and to improve political discourse for the benefit of all voters.*



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**2 attachments**



**Community Oregon\_Dietary - Emergency Contact - Medical Info Form.doc**

241K



**7 minute introduction guide.pdf**

329K