



Kelly Coates <kelly@healthydemocracy.org>

Welcome to Healthy Democracy's "Community Oregon" program!

Robin Teater <robin@healthydemocracy.org>
To: Kelly Coates <kelly@healthydemocracy.org>

Mon, Mar 18, 2019 at 1:47 PM

Dear _____,

Congratulations! We are delighted to inform you that your application has been accepted for Healthy Democracy's *Community Oregon* program. We appreciate your interest and are looking forward to this exciting and important opportunity to help the citizens of Oregon's unique communities know each other better.

Our office will be in touch with you again early next month with a detailed agenda for the first phase of the program, the *Community Oregon Camp*, that will take place from **noon on Thursday, April 25; through noon on Sunday, April 28 at the Lake Creek Lodge in Camp Sherman, Oregon.** (Address appears below.)

Until then, here are a few things for you to know about for this part of the program:

- **Expenses:** Your expenses for the 3-day Community Oregon Camp will be covered by Healthy Democracy, including room, meals and your travel to and from Camp Sherman. Your mileage reimbursement will be based on the current federal IRS rate, and calculated using the home address you have noted in your application. Checks will be mailed to you the week following the Community Oregon Camp. If this presents a hardship for you, please feel free to contact our office.
- **Emergency Contact/Dietary Restrictions Form:** Healthy Democracy's office coordinator, Kelly Coates, will be in touch with you next week regarding this important information. Please watch for an email from her.
- **Travel to Camp Sherman:** The address is [13375 SW Forest Service Rd, Camp Sherman, OR 97730](http://www.lakecreeklodge.com/) (web: <http://www.lakecreeklodge.com/>). We ask that you time your travel to Camp Sherman so that you arrive between 11:00 a.m. and 11:45 a.m. on April 25th. Our program will begin promptly at noon with lunch.
- **Preparation of Introductory Presentation:** You will be asked to introduce yourself *in depth* for up to 7 minutes to your Community Oregon cohort members. This will occur on Day 1 (Thursday) of the program and will be a chance for you to tell the other participants who you are are a person. This will be a central part of the first day together. And while we'd like you to give this some thought in advance, it does not mean you should prepare a 7 minute written speech! It would be preferable to speak "from the heart" but sometimes it helps to have a few bullet points jotted down in advance to make sure you cover what you feel is most important. For that purpose, a short list of sample "focus questions" to include in your presentation is attached to this email and includes space for you to make some notes for your personal use. You can take as long as 7 minutes (you will have a friendly timekeeper so you don't have to worry about that), and while you do not have to take the entire 7 minutes for your introduction, we request that you do manage at least 5 minutes in order to reflect the depth of thinking that the attached sample focus questions entail.

We look forward to being in touch with you again as the program nears, and thank you again for your interest in Community Oregon!

Sincerely,

The Healthy Democracy/Community Oregon Program Staff Team
Robin, Kelly, Linn, Greg and Damon

Attachment: [Community Oregon Introduction Focus Questions](#)

[Quoted text hidden]

Community Oregon_Introduction Focus Questions.pdf
329K